



RULES REFRESHERS

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Here are a few rules of particular interest:

For members of the non-delivering team, only the skip and third may be positioned inside the hog line at the playing end. They shall position themselves behind the back line when the delivering team is in the process of delivery. Both players shall be motionless with their brooms positioned in a manner not to interfere with or distract the attention of the player who is in the process of delivery. 7(1)(a)

***Commentary:** You're not allowed to have all 4 curlers at the back; only the skip and the third. During the opponent's throw, they must stand behind the back line motionless (no distractions). After the release, they can move into the house in anticipation of the opponent's rock arriving.*

The non-delivering team members shall not take any position or cause such motion that would obstruct, interfere with or distract any member of the delivering team. 7(1)(d)

***Commentary 1:** Don't ever do anything that interferes with the other team when they're throwing, whether it's the thrower, the sweepers or the person holding the broom.*

***Commentary 2:** If you're the opposing skip/third and you want to move into position to get ready to sweep the opponent's rock behind the tee line or your own rock, you: (a) have to wait until the rock is released; and (b) maneuver around the opposing skip/third in the house so as to not interfere with them. Provided you've not interfered with them, you can stand anywhere in the house.*

***Commentary 3:** After you've thrown the rock or swept, look at the opposing thrower to ensure that your movement back to the delivering end is not about to distract them. If they are in the hack, hold your position between the hog lines. While an opponent is in the hack: (a) never walk past them; (b) never stop and stand beside them; (c) never take a position behind them and talk.*